



HOVINGHAM  
PRIMARY SCHOOL

# What does PSHE stand for?



# KS1

## Social



We will learn:

- About healthy relationships
- About being a good friend
- To recognise other people's emotions

## Personal



We will learn about:

- Our emotions
- Keeping ourselves safe
- Respect
- Our behaviours

## Health



We will learn:

- What is meant by being healthy
- How to stay healthy
- How to stay safe

## Economic



We will learn:

- Where money comes from
- How to keep it safe



# KS2

## Social



We will learn how to:

- Develop and maintain healthy relationships
- Recognise healthy and unhealthy relationships
- Recognise and manage emotions within those relationships.

## Personal



We will learn:

- To recognise and manage our own emotions
- About respect for ourselves (and others)
- The importance of responsible actions and behaviours
- About our rights and responsibilities.

## Health



We will learn:

- What is meant by a healthy lifestyle
- How to stay physically and mentally healthy
- Ways of keeping ourselves physically and emotionally safe

## Economic

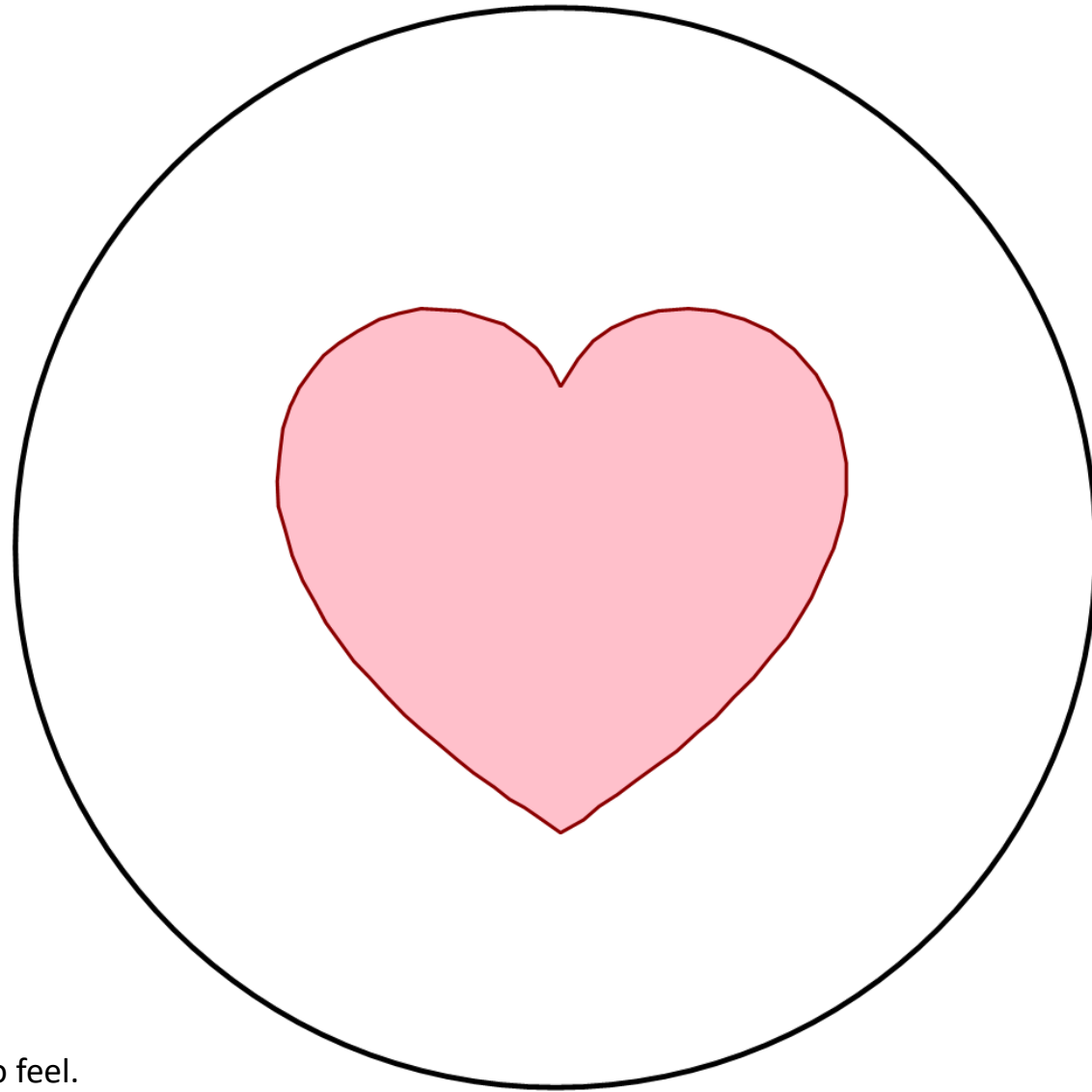


We will learn:

- Where money comes from
- How to keep it safe
- How manage it effectively.



# Ground Rules



In the heart we need to write how we want to feel.

In the circle we need to write how we are going to achieve this.





# Baseline Assessment

Year 2 – What keeps me healthy?

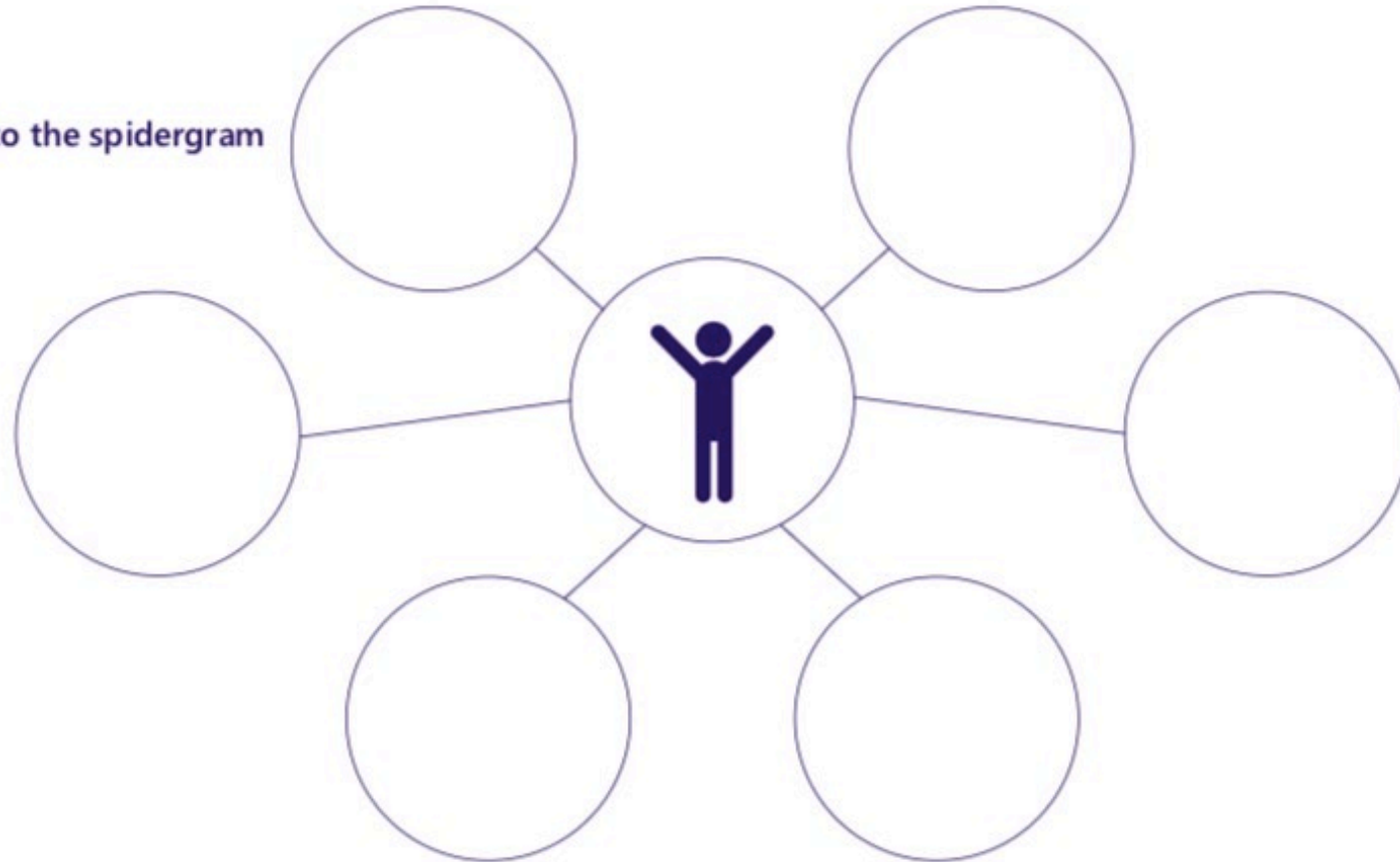
Name: \_\_\_\_\_

Insert the relevant assessment for your topic and year group.

To be completed at the start of each topic.

What keeps you healthy?

Add to the spidergram



# Post Assessment

Year 2 – What keeps me healthy?

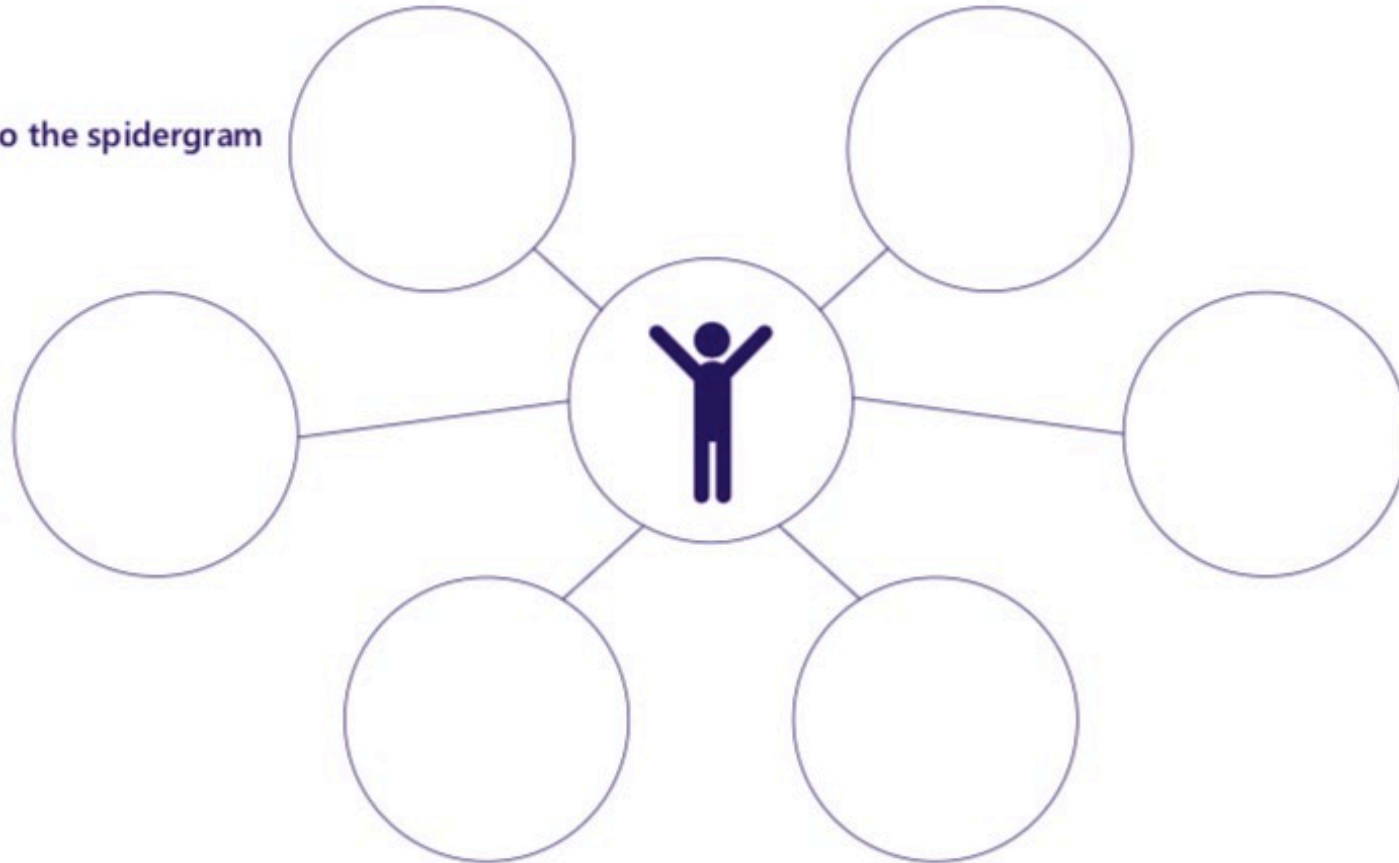
Name: \_\_\_\_\_

Insert the relevant assessment for your topic and year group.

At the end of the topic, the children can add to the sheet in a different colour.

What keeps you healthy?

Add to the spidergram



# Crunch Moment

What could happen?

Who could you tell?



How could they resolve the problem?

How can you help?

Used as part of the assessment. Ideas could be recorded on post it notes and stuck into the PSHE book as evidence.



# How has our learning progressed?

## Pupil Voice (Insert own questions)

Use this slide to help the children reflect on what they have learnt. Pupils themselves will be able to judge, for instance, whether they feel more confident, or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons

Refer to pupil voice guidance for key questions you could ask.



# Where can I go for help?

Talk to your teacher or an adult in school



Talk to your Mum, Dad or someone you trust at home about how you are feeling

**If you have them:**

- Write your worry down and post it in the class worry box
- Talk to a friend in your school



**Contact:**



**MindMate** 

